

Document:	Code of Conduct for Members
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Date of last review:	8 December 2020 (by Joan Wingfield – Chair)

1. Introduction

East Grinstead Triathlon Club is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, administrators and parents associated with the club should show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open and to share any concerns or complaints that they may have about any aspect of the club with the Club Management Committee, through the club Chair at chair@egtri.com or via the club Welfare Officer at welfare@egtri.com.

2. General Code of Conduct

As a member of East Grinstead Triathlon Club, you are expected to abide by the following general code of practice:

- All members must take responsibility in ensuring they are up to date with the rules, understand and adhere to them.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
- Members should recognise the valuable contribution made by coaches and officials, who are volunteers. They give their time and resources to provide triathlon sessions for you.
- All members must respect officials and publicly accept their decisions.
- All members should be a positive role model, treat other athletes and officials with the same level of respect you would expect to be shown to you.
- Use correct and proper language at all times.
- Members are not allowed to smoke, consume alcohol or drugs whilst representing the club.
- Members should keep to agreed timings for training and competitions or inform the session coach if they are going to be late.
- Members must wear suitable kit for training and match sessions, as agreed with the coaching team and committee.
- Members must pay any fees for training or events promptly.
- Bullying of any sort will not be tolerated.

3. Specific code of conduct in training sessions

3.1. Swimming Sessions

The local swimming pool rules must be adhered to. In open water members must make themselves aware of all specific dangers relating to the chosen location. They must take their own appropriate safety precautions and ensure reasonable safety cover is in place. Members must not swim in prohibited areas.

3.2. Cycling Sessions

Helmets must be worn. Cyclists must obey the Highway Code and be courteous to other road users.

3.3. Running Sessions

Members must have due regard for pedestrians and other legitimate users of footpaths, roads and bridleways as well as any other users of the land.

3.4. Other Sessions and General Considerations

Members must wear appropriate clothing to training sessions. Local rules for the training venue must be adhered to.